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## Are You Ready?

40 count, 4 wall, intermediate level

Choreographer: Patricia E. Stott (UK) Jan 2006

Choreographed to: Are You Ready To Rock by

Wizzard – Roy Wood Singles; Rock Around The

Clock by Bill Haley & the Comets

(or any rock and roll music)

Start on main vocals

### Section 1 Side, strut, cross strut, side, recover, cross, side strut, cross strut, side, recover, cross

1 & 2 & Right toe to right, lower heel, cross left toe over right, lower heel

3 & 4 Rock right to right, recover onto left, cross right over left

5 & 6 & 7 & 8 Repeat steps 1 – 4 to left

### Section 2 Mambo forward, lock step back, mambo back, lock step forward

1 & 2 Rock forward on right, recover on left, step back on right

3 & 4 Step back on left, cross right over left, step back on left

5 & 6 Rock back on right, recover on left, step forward on right

7 & 8 Step forward on left, cross right behind left, step forward on left

### Section 3 Toe strut jazz box with ¼ turn right, Charleston, coaster cross\*

1 & 2 & Cross right toe over left, lower heel. Left toe back, lower heel

3 & 4 Turn ¼ right taking right toe to right side, lower heel, step left forward

\*5 - 6 Touch right toe forward, step back on right

\*7 & 8 Step back on left, close right to left, step left across right

Please note –If using “Are You Ready To Rock” in order to fit with the music steps 5 – 8 are NOT danced during the first sequence

### Section 4 Vine right, tap, side, tap & clap, side, tap & clap, rolling vine,(or grapevine) side, tap & clap, side, tap & clap

1 & 2 & Step right to right, cross left behind right, step right to right, tap left next to right

3 & 4 & Step left to left, tap right next to left & clap, step right to right, tap left next to right & clap

5 & \*Turn ¼ to left and step forward on left, turn ¼ to left and step right to right side

6 & Turn ½ to left and step left to left side, tap right next to left

7 & 8 & Step right to right, tap left next to right & clap, step left to left, tap right next to left & clap

\*As this is fast you can replace rolling vine (steps 5 & 6 &) with a normal vine to left

### Section 5 Modified sailor step, step forward, ¼ pivot, step forward, ¼ pivot

1 & 2 & Rock right to right, left foot in place, cross right behind left, rock left to left

3 & 4 & Right foot in place, cross left behind right, rock right to right, left foot in place

5 - 6 Step forward on right, pivot ¼ left transferring weight to left

7 - 8 Step forward on right, pivot ¼ left transferring weight to left

### Ending:

Dance up to the end of section 3 (the Charleston and coaster step), then just step forward on right and raise both arms in the air on the last beat!

**HAVE FUN!!!!!!!!!!!!!!**