



Approved by:

*Frank Trace*

# Mamma Maria

## 4 WALL - 32 COUNTS - ABSOLUTE BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b>	<b>Walk Forward Diagonally Right, Kick, Walk Back Diagonally Left, Touch</b>		
1 - 2	Step right forward diagonally right. Step left forward diagonally right.	Right Left	Forward
3 - 4	Step right forward diagonally right. Kick left forward. (1:30)	Right Kick	
5 - 6	Step left back diagonally left. Step right back diagonally left.	Back Right	Back
7 - 8	Step left back diagonally left. Touch right beside left, squaring up to front wall.	Left Touch	
<b>Section 2</b>	<b>Walk Forward Diagonally Left, Kick, Walk Back Diagonally Right, Touch</b>		
1 - 2	Step right forward diagonally left. Step left forward diagonally left.	Right Left	Forward
3 - 4	Step right forward diagonally left. Kick left forward. (10:30)	Right Kick	
5 - 6	Step left back diagonally right. Step right back diagonally right.	Back Right	Back
7 - 8	Step left back diagonally right. Touch right beside left, squaring up to front wall.	Left Touch	
<b>Section 3</b>	<b>Charleston Step x 2</b>		
1 - 4	Step right forward. Kick left forward. Step left back. Touch right back.	Charleston	On the spot
5 - 8	Step right forward. Kick left forward. Step left back. Touch right back.	Charleston	
<b>Section 4</b>	<b>Grapevine Right, Touch, Grapevine Left 1/4 Turn, Touch</b>		
1 - 2	Step right to right side. Cross left behind right.	Side Behind	Right
3 - 4	Step right to right side. Touch left beside right.	Side Touch	
5 - 6	Step left to left side. Cross right behind left.	Side Behind	Left
7 - 8	Make 1/4 turn left stepping onto left. Touch right beside left. (9:00)	Turn Touch	Turning left

**Choreographed by:** Frank Trace (USA) May 2009

**Choreographed to:** 'Mamma Maria' by Ricchi E Poveri from CD Grandi Successi, or by The Countdown from CD Best of Italy Vol 2 (both Italian) (136 bpm); both available as download from amazon.co.uk or iTunes (16 count intro)

**Music Suggestions:** 'High Lonesome Sound' by Vince Gill (96 bpm); 'Poker Face' by Lady Gaga (120 bpm; intro count 32)

**Choreographer's Note:** There are many recordings of Mamma Maria, all will work.



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)